

Newsletter

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Welcome to the Terrace Foundation's monthly Newsletter! Your inbox is about to get a LOT more inspiring. From here on out, you will be a part of the positive change we make to empower and educate communities to take control of their food supply and heal our planet through sustainable agriculture solutions. You will be the first to know about upcoming events, offers and deals on our products with discounts, and updates about the progression of our mission. You are already making a difference just by reading this. Here's to the beginning of many more newsletters to come!



Welcome Oscar Carmona!

Oscar Carmona is joining the Terrace Foundation family as an urban farm consultant. He has over 35 years experience in small-scale, regenerative food production and sustainable landscaping. He serves as an adjunct faculty member at Santa Barbara City College where he co-created and has taught the Green Gardener Sustainable Landscaping Certification Program for the last 20 years, and teaches a Small Scale Home Food Production course.

"I am most looking forward to providing access to fresh, nutritious food for groups and individuals from all walks of life."

Sprouts Versus Microgreens



Mung Bean Sprouts



Mung Bean Microgreens

Many people believe that microgreens are the same as sprouts, but that is not the case! Sprouts are the first phase of a plant's life cycle, and microgreens are the second phase. Sprouts are seeds that have barely been germinated and have grown in water for only 2-5 days. They don't have any leaves, and do not contain chlorophyll because they have not started the process of photosynthesis. With microgreens, they have germinated and grow for around 9-14 days! They develop their first leaves and are around 3-5 inches long. Microgreens are usually grown on a fiber called jute, and have many health benefits that sprouts lack. They are more versatile than sprouts and are put in a plethora of dishes and drinks.

Donate and Make a Difference!



If you wish to help us donate to support the residents and future projects, click the price boxes, or the Donate button to put in a custom amount!

Donate Now

\$10

\$25

\$50

\$100



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To request a personal tour, please contact our Director of Business Development, Joan Curran, at jcurran@theterracefoundation.org, or message us on our social media.

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